

INTERNATIONAL INSTITUTE OF MINNESOTA PRESENTS

FESTIVAL OF NATIONS

Celebrate
without
borders. 2019



STREET LEVEL MAP

EXPLORE WITHOUT BORDERS

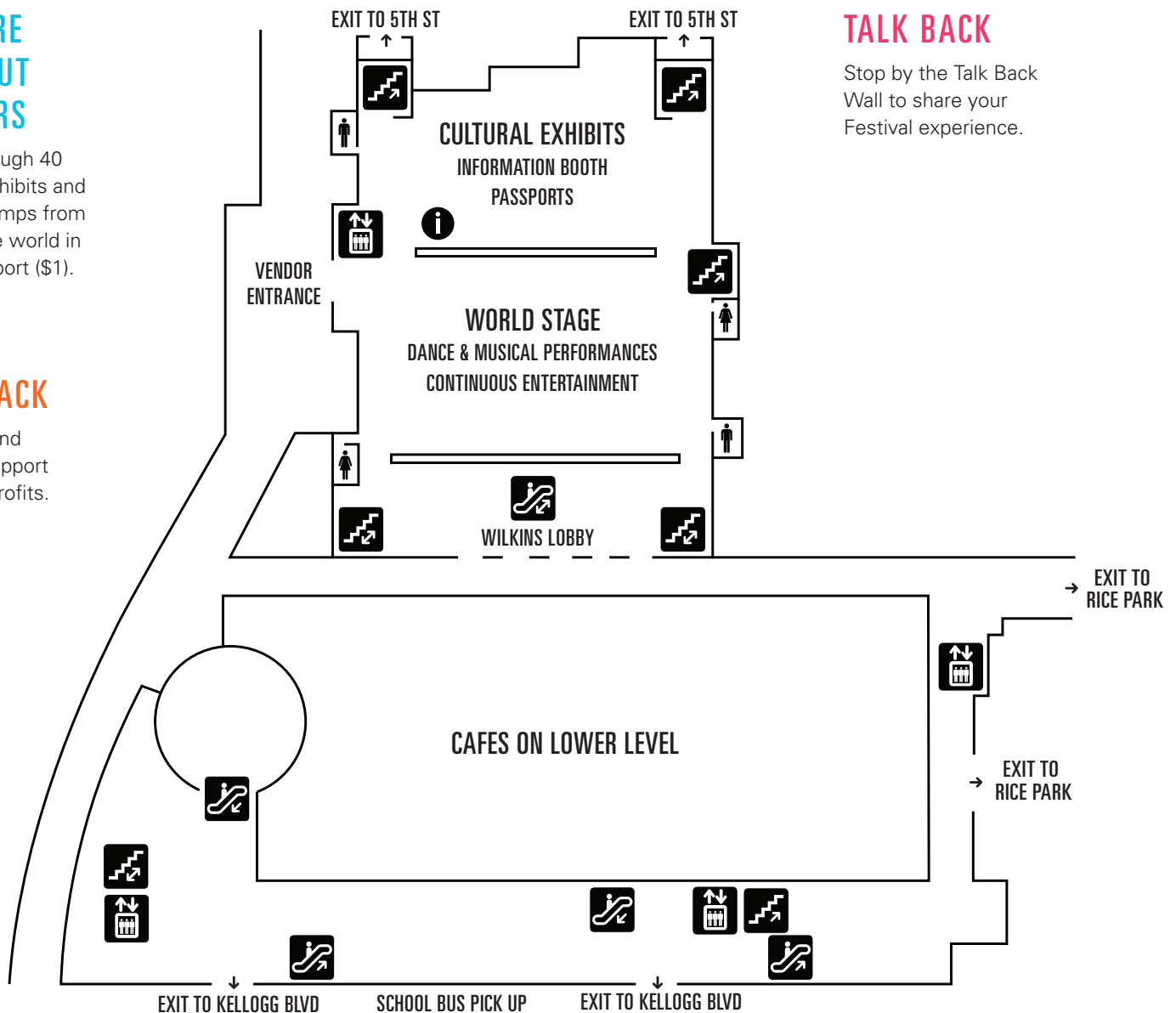
Travel through 40 cultural exhibits and collect stamps from around the world in your passport (\$1).

GIVE BACK

All cafes and bazaars support local nonprofits.

TALK BACK

Stop by the Talk Back Wall to share your Festival experience.



WHAT'S HAPPENING?

4 stages to showcase the world-class talent of your neighbors and friends:

World Stage Schedule: Pages 4-5

Cafe Stage Schedule: Page 6

Atrium Stage Schedule: Page 7

Storyteller Stage: See Insert

Cafe Menus: Pages 8-9

About the Festival: Page 10

List of Demonstrations, Exhibits & Bazaar: Page 11

LOWER LEVEL MAP

BRING IT HOME

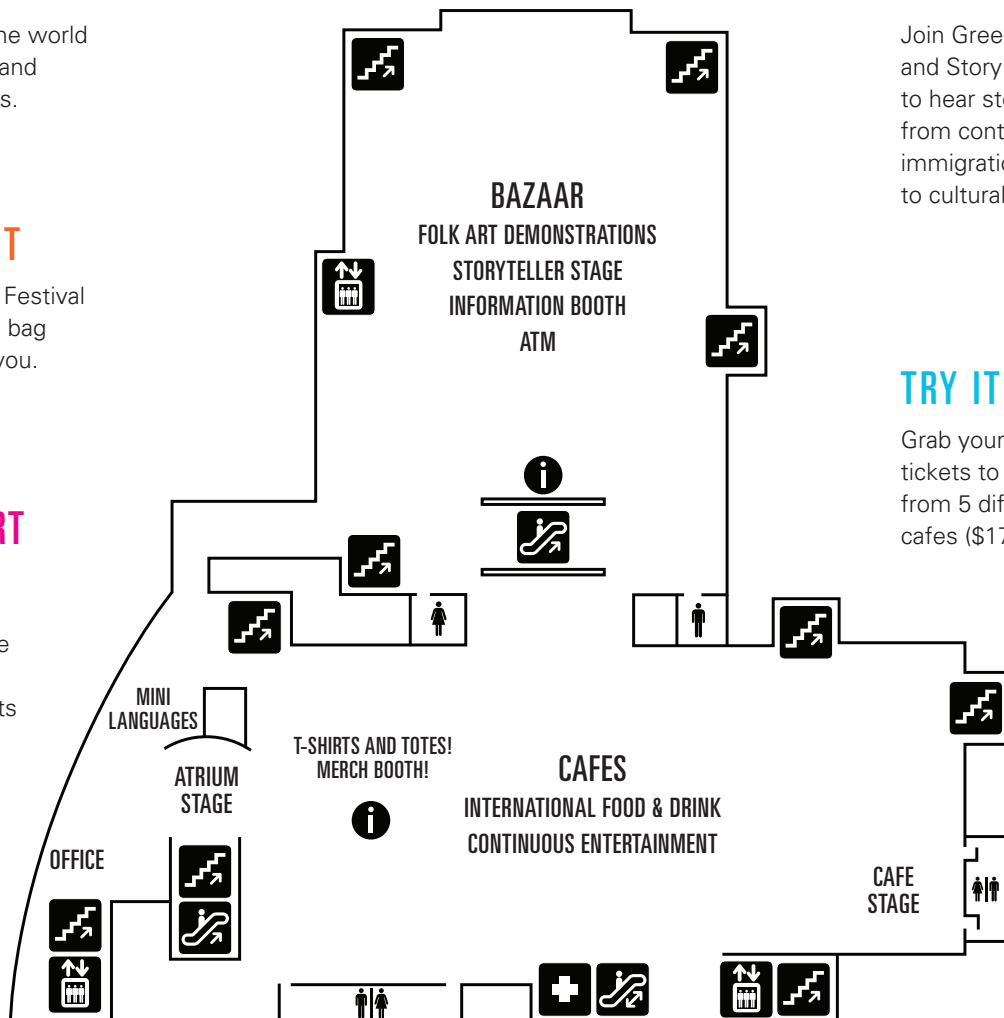
Shop around the world in the bazaars and demonstrations.

REPRESENT

Get your 2019 Festival t-shirt and tote bag made just for you.

GET SMART

Learn 13 new languages from Wellstone International School students during student hours.



LISTEN UP

Join Green Card Voices and Story Arts Minnesota to hear stories ranging from contemporary immigration experiences to cultural folklore.

TRY IT ALL

Grab your food flight tickets to sample foods from 5 different ethnic cafes (\$17).

GENERAL INFORMATION

Elevators available. Ask at information booths for specific locations.

First aid assistance is located along the south wall of the Ethnic Cafes, near the loading dock entry and Festival office.

Lost or separated persons should meet their parties at any information booth.

Student hours

Thursday, May 2nd
Friday, May 3rd

9:00am – 3:00pm
9:30am – 3:00pm

General public hours

Friday, May 3rd
Saturday, May 4th
Sunday, May 5th

3:00pm – 10:00pm
10:00am – 10:00pm
10:00am – 6:00pm

WORLD STAGE SCHEDULE

Friday, May 3rd

Saturday, May 4th

Sunday, May 5th

11:00	11:00 ** American Indian Indian Romanian Chilean Swedish Greek Japanese Serbian Scottish	Sri Lankan Polish Liberian/Nigerian Mexican Hmong Bulgarian Uruguayan Chinese Ukrainian	11:30 Xijiang Miao/Hmong Village Performance Troupe
12:00	12:00 ** Filipino Austrian Irish Russian Bangladeshi Norwegian Turkish Salvadoran Latvian	Tamil Lithuanian Korean German Spanish Carpatho Rusyn Colombian Czech & Slovak	12:00 * Lebanese Peruvian Persian Colombian Turkish 12:45 Exhibit Awards
1:00	1:00 *** Indian Czech & Slovak Argentinian Sri Lankan Norwegian Chinese Mexican Japanese Irish		1:00 * Flag Ceremony Mexican Norwegian Tamil Armenian Romanian
2:00	2:00 *** Hmong Maio Swedish Turkish Lao Liberian/Nigerian Colombian Polish Tamil Ukrainian Mongolian		2:00 * German Bangladeshi Swedish Lebanese Polish Learn-A-Dance - Turkish
3:00	3:00 * Lebanese Hungarian Persian Slovak Thai Romanian		3:00 * Finnish Scottish Peruvian Hungarian Vietnamese Learn-A-Dance - Hungarian

WORLD STAGE SCHEDULE - CONT'D

Friday, May 3rd

Saturday, May 4th

Sunday, May 5th

4:00	4:00 * Turkish Ecuadorian Indian Latvian Khmer Irish	4:00 * Hungarian Finnish Czech & Slovak Romanian Armenian Learn-A-Dance - Egyptian
5:30 * Hungarian Lebanese Japanese	5:00 * Tamil Armenian Mexican Polish Egyptian Japanese	5:00 * Colombian Egyptian Irish Chilean Turkish Scottish Pipe & Drum
6:00 * Armenian Colombian Slovak Egyptian Czech & Slovak Learn-A-Dance - Georgian	6:00 * Flag Ceremony Austrian Egyptian Liberian & Nigerian Chinese Irish	6:00 Festival Closes
7:00 * Flag Ceremony American Indian Czech & Slovak Indian Georgian Hawaiian	7:00 * Latvian Colombian Russian Somali Ukrainian Learn-A-Dance - Irish	*Adult Dance Groups **Children's Dance Groups ***Teen Dance Groups
8:00 * Karen Turkish Tibetan African-American Tajikistani Filipino	8:00 * Cambodian Ecuadorian English Colombian Japanese Khmer Learn-A-Dance - Serbian	
9:00 * Korean Belarus Lao Greek Chilean Persian	9:00 Video	
10:00 pm Festival Closes	10:00 pm Festival Closes	

CAFE STAGE SCHEDULE

Friday, May 3rd

Saturday, May 4th

Sunday, May 5th

9:30 Italian Musician		
10:00 Australian Tuvan Singer 10:30 Ifrah Mansour, Somalia's Balloon	10:00 Argentinian Musician 10:30 European Fusion	10:00 Bulgarian Musicians 10:30 Swiss Musicians
11:00 French Musician 11:30 Ifrah Mansour, Somalia's Balloon	11:00 Serbian Musicians 11:30 Bohemian Musicians	11:00 Trinidadian Musicians 11:30 Irish Musician
12:00 Armenian Musician 12:30 Ifrah Mansour, Somalia's Balloon	12:00 Australian Tuvan Singer 12:30 European Fusion	12:00 Bulgarian Musicians 12:30 Peruvian Dancer
1:00 Ifrah Mansour, Somalia's Balloon 1:30 Khmer Singers	1:00 Mozambique Musician 1:30 Bavarian Musicians	1:00 Armenian Musician 1:30 Serbian Musicians
2:00 Australian Tuvan Singer 2:30 German Musician	2:00 Ifrah Mansour, Somalia's Balloon 2:30 Chilean Musicians	2:00 Ifrah Mansour, Somalia's Balloon 2:30 Bulgarian Musicians
3:00 Armenian Musician 3:30 Bohemian Musicians	3:00 Ifrah Mansour, Somalia's Balloon 3:30 Argentinian Musician	3:00 Ifrah Mansour, Somalia's Balloon 3:30 Hungarian Musicians
4:00 Swiss Musicians 4:30 Italian Musician	4:00 Ifrah Mansour, Somalia's Balloon 4:30 Romanian Choir	4:00 Ifrah Mansour, Somalia's Balloon 4:30 Swiss Musicians
5:00 Asian Fusion 5:30 Asian Fusion	5:00 Ifrah Mansour, Somalia's Balloon 5:30 Australian Tuvan Singer	5:00 Ifrah Mansour, Somalia's Balloon 5:30 Trinidadian Musicians
6:00 German Musician 6:30 Mozambique Musician	6:00 Turkish Musicians 6:30 Bohemian Musicians	
7:00 Trinidadian Musicians 7:30 Bavarian Musicians	7:00 Mozambique Musician 7:30 Serbian Musicians	
8:00 Khmer Singer 8:30 Mozambique Musician	8:00 Spanish Musicians 8:30 Latvian Musicians	
9:00 Irish Musicians 9:30 Irish Musicians	9:00 Venezuelan Musicians 9:30 Venezuelan Musicians	

ATRIUM STAGE SCHEDULE

Friday, May 3rd	Saturday, May 4th	Sunday, May 5th
9:30 Irish Musicians		
10:00 French Musician 10:30 Swiss Musician	10:00 Bavarian Musicians 10:30 Australian Tuvan Singer	10:00 Scottish Pipe & Drum 10:30 Hungarian Musicians
11:00 Italian Musician 11:30 Russian Choir	11:00 Ukrainian Musicians 11:30 Mozambique Musician	11:00 Indian Choir & Musicians 11:30 Armenian Musician
12:00 DelStarr, Live Painting 12:30 German Musician	12:00 Egyptian Dancers 12:30 Argentinian Musician	12:00 Swiss Musicians 12:30 Hungarian Musicians
1:00 Asian Fusion 1:30 French Musician	1:00 Armenian Dancers 1:30 Thai Dancers	1:00 Trinidadian Musicians 1:30 Irish Musician
2:00 Irish Musicians 2:30 Japanese Dancers	2:00 Romanian Dancers 2:30 Latvian Musicians	2:00 Finnish Musicians 2:30 Turkish Dancers
3:00 Hungarian Dancers 3:30 Thai Dancers	3:00 Australian Tuvan Singer 3:30 European Fusion	3:00 Swiss Musicians 3:30 Trinidadian Musicians
4:00 Trinidadian Musicians 4:30 Irish Musicians	4:00 Liberian Dancers 4:30 English Dancers	4:00 Tamil Dancers 4:30 Bulgarian Musicians
5:00 Bavarian Musicians 5:30 Argentinian Musician	5:00 Ukrainian Musician 5:30 Bavarian Musicians	5:00 Serbian Musicians 5:30 Serbian Musicians
6:00 Peruvian Dancers 6:30 Australian Tuvan Singer	6:00 Spanish Musicians 6:30 Slovak Dancers	
7:00 DelStarr, Live Painting 7:30 Mozambique Musician	7:00 DelStarr, Live Painting 7:30 Polish Dancers	
8:00 Bohemian Musicians 8:30 Czech & Slovak Dancers	8:00 Argentinian Musician 8:30 Turkish Musicians	
9:00 Asian Fusion 9:30 Asian Fusion	9:00 Ukrainian Musicians 9:30 Ukrainian Musicians	

CAFE MENUS

Signature dishes

AFRICAN

AMERICAN 12 FF

Southern Sweet Potato Pie, Chicken Jambalaya, Assorted Patties (turnover pastry with beef or chicken), Chocolate Chunk Cookies, Jello Cake, Hot Chocolate

AMERICAN

INDIAN 27 FF

Buffalo Burgers, Indian Tacos, Mesquite Chicken Sandwich, Fry Bread, Wild Rice Soup, Popcorn, Fries (Opin sticks), Lemonade

BANGLADESHI 18

Fuchka (Chickpea and potato filling in crispy shell with tamarind sauce), Chicken Korma, Beef Rezala, Peas Polau, Mixed Vegetables, Porota Kabab, Mango Lassi

BEVERAGES 36

Assorted Cookies, International Sodas, Cold Bottled Beverages

CAMBODIAN 33 FF

Egg Rolls (chicken, pork, veggie, crabmeat with cream cheese), Fried Short Noodle, Beef on a stick, Fresh Young Coconut Juice, Iced Zero drink

CHINESE 35

Dim Sums, Sweet and Sour Chicken, Sesame Chicken, Egg Rolls, Fried Rice, Fried Chicken Wings, Chicken on a stick, Steamed Buns,

Cheese Wontons, Egg Waffle, Lemonade, Hot Tea

COLOMBIAN 16

Arepas (corn dough patties stuffed with cheese), *Chorizo* (Colombian non-spicy sausage), *Empanadas* (meat or cheese stuffed turnovers), *Chori-Pan* (sausage in bun), *Bocadillo* (guava snack), *Cholado* (fruit flavored shaved ice), *Jugo de Lulo* (citrus juice), *Jugo de Mora* (berry juice), *Agua de Panela de Limón* (lemonade), Coffee

CZECH & SLOVAK

2 FF

Halušky (dumpling, pork and cabbage casserole), *Jitrnice* (Czech sausage), *Párky* (hot dog), *Karbanátky* (pork burger), *Chlebičky* (open-faced sandwich), *Syrové Kysané Zelí* (fresh sauerkraut), *Smažený Syr* (fried cheese sticks), *Kremrole* (cream horn), *Koláče* (fruit filled pastry), *Linecké cukroví* (assorted cookies), *Káva* (gourmet coffee), *Limonáda* (lemonade)

DANISH 32

Æbleskiver (Danish pancake balls), *Bagebrød* (pastries), *Citron Drik* (lemonade), *Kaffe* (coffee)

DUTCH 24 FF

Frikandel Speciaal (hot dog with onion and curry sauce), *Patat* (french fries), *Kaas Plankje* (cheese plate), *Poffertjes* (pancake puffs), *Moorkoppen* (cream puffs), *Appeltaart* (apple pie), *Koekjes* (Cookies), *Roosvicee* (fruit juice), *Thee* (tea), *Koffie* (coffee)

EGYPTIAN 20 FF

Gyros (beef, lamb or chicken), Veggie Falafel, Stuffed Grape Leaves, Egyptian Salad, Hummus & Pita Bread, Baklava, *Lokmet el qadi* (mini-donut), Mango Juice, Hibiscus Tea

FILIPINO 15 FF

Chicken Adobo (chicken with soy sauce and rice), *Pancit* (sautéed noodles with chicken and vegetables), *Tocino Spam* (sweet cured pork, served with rice), *Lumpia* (pork egg roll), *Kanin* (steamed white rice), *Carioca* (sweet rice dessert), *Sago* (bubble tea with tapioca pearls), *Tubig* (water)

FINNISH 21

Kakku (fresh strawberry shortcake), *Makkara Voileipä* (sausage sandwich with reindeer meat), *Silli Voileipä* (pickled herring – plain or in lingonberry sour cream on flatbread),

Korvapuusti (cardamom/cinnamon roll), *Mansikka Sitruuna Sokerikakut* (lemon frosted cookies), *Puolukka Mehua* (lingonberry juice), *Presidentti Kahvia* (coffee)

FRENCH 5

Les Crêpes Sucrée (dessert crepe, choice of toppings: Fresh Strawberries, Apple Pie Filling, Raspberry Jam, Hot Fudge, Caramel & Whip Cream), *Les Crêpes Salée* (savory crepe, ham or turkey), *Les Assiettes du Fromage* (cheese plate), *Les Croissants* (Croissants, chocolate and plain), *Les Tartelettes Aux Fraises* (Strawberry tarts), *Les Éclairs* (éclair), *Le Café au lait* (coffee with warm milk), *Le Café Caramel* (coffee with caramel and whipped cream), *Café* (Coffee)

GREEK 17

Gyros, *Horiatiki Salata* (Greek salad), *Loukoumades* (honey puffs), Baklava, Lemonade, Fruit Punch

HUNGARIAN 23 FF

Gulyas Leves (Hungarian Goulash served with Bread), *Marha Pörkölt Nokedlivel* (Stewed Beef over Dumplings), *Gomba Pörkölt Nokedlivel* (Sauteed Mushrooms with Paprika over

Eat &
drink
without
borders.

Dumplings), *Savanyú Uborka* (Pickles), Dobos Tort, *Rigo Jancsi* (Chocolate Cream Tort), *Kávè* (coffee), *Tej* (milk).

INDIAN 7 ^{FF}

Chicken Tikka, Samosa with mint and tamarind chutney, *Paneer Tikka*, Chicken Curry, Chana Curry, *Pulao Biryani* (fried rice with vegetables), Tandoori Chicken, *Samosa Chaat*, *Dosa*, *Gulab Jamun*, *Dosa*, Mango Lassi, Chai Tea.

ITALIAN 11 ^{FF}

Tiramisù, Pizza, *Le lasagne* (lasagna), *Pane al formaggio* (cheese bread), *Olive Miste* (mixed olives), Cannoli, *Caffè con panna* (Italian coffee).

JAPANESE 4 ^{FF}

Teriyaki (beef teriyaki rice bowl), Gyoza (potstickers – chicken/vegetable), Sesame Chicken over Rice, *Edamame* (green soy beans), Sushi (California, Spam Musubi, Vegetable roll), Ramen Noodles, Yakisoba Noodles (vegetarian), Kakigori Snow Cones, Fortune Cookies, Sakura Cherry Blossom Punch

KOREAN 22 ^{FF}

Bibimbap (rice mixed with vegetables and beef), *Mandu* (Korean dumplings), *Ramen* (Korean spicy noodles), Kimchi, *Yachea – Chun* (Korean Style Pancake with green onion)

LEBANESE 1 ^{FF}

Kibbi Mihshiyyi –bit Laban (stuffed Kibbi spheres & yogurt), Falafel Sandwich, *Mishi Waraq ‘Inab –bit Laban* (stuffed grape leaves with yogurt), Tabouli Salad, *Hummus bit-Tahini* (hummus with pocket bread), *Slata* (garlic salad), Mezza Sampler Plate (grape leaves, feta cheese,

Lebanese olives & pickles, choice of salad, hummus, pocket bread), *Baklava*, *Zlabya* (sweet bread), *Sharab Ward* (Lebanese Rose Drink)

MEXICAN 8 ^{FF}

Tacos, Tamales, Burritos, Tostadas, *Tornado Papas* (potatoes on a stick), *Elote* (roasted corn), Nachos (chips, cheese and pico de gallo), *Flan* (Mexican custard), *Churros* (cinnamon sweet bread), Donas, Mangos, *Jugode Frutas* (fruit juice), Mangonadas, Chicharrones

NEPALESE 28 ^{FF}

Kukhura Ko Masu (chicken curry), *Aaloo Dum* (spicy Potato curry), *Bhat* (plain rice), *Momo* (chicken dumpling), Bread Pudding, Mango Lassi, Lemonade, Mango Juice, Water

NIGERIAN 29 ^{FF}

Moi-Moi (bean cake), Jollof Rice, Goat Stew, Fried Plantain, *Akara* (Fried Beans), Meat Pie, Guava Juice, Malta Drink

NORWEGIAN 30

Lefse, Viking in a Blanket (sausage wrapped in lefse), Troll in a Blanket, Fruit Soup, *Krumkaker* (waffle cookie), Rice Pudding (with cinnamon and sugar or lingonberry sauce), Coffee, Lingonberry Drink

PALESTINIAN 34 ^{FF}

Falafel Plate & Sandwich, Chicken Kabob, Grape Leaves, Spinach Pie, Cheese Pie, Za’atar Pie, Hummus with Bread, Arabic Salad, Pickle, Potato Fries with Garlic Sauce, Baklava, Mango Juice, Pink Lemonade

PERUVIAN 13 ^{FF}

Lomo Saltado Sandwich (stir-fried steak sandwich), *Beef Empanadas* (baked turnovers), *Salchipapas* (hot dog with fries), Alfajor, Cupcakes, *Maracuyá* (passion fruit drink), Lemonade, *Chicha Morada* (purple corn drink with a hint of lime).

POLISH 10

Pierogi (stuffed dumpling), *Bigos* (Sauerkraut Stew), *Kielbasa* (Polish sausage), *Kabanosy* (meat stick), *Makowiec* (poppy seed cake), *Sernik* (cheesecake), *Malinowa Herbata* (raspberry tea, cold)

SOMALI 25 ^{FF}

Sambuza (beef, chicken or veggie), Lamb Taco, Veggie Taco, Smoothies (pineapple, strawberry or banana)

SUDANESE 3

Chicken Curry, Gyro (beef or chicken), *Foul* (Stewed fava beans), Hummus With Pita bread, Falafel, Spiced Rice, Mixed Vegetable, Baklava, Mediterranean Salad, Mango juice, Hibiscus Tea, Lemonade

TAIWANESE 6 ^{FF}

Taiwanese Burger (Seasoned Pork on a Steamed Bun), Salt & Pepper Chicken, Fried Rice, Pot Stickers, Braised Pork Rice, Slush, Iced Black Tea, Bubble Tea

THAI 31 ^{FF}

Pad Thai, Fried Spring Roll, Chicken Satay, Fried Rice, Chicken Curry with Rice, Fried Jam & Taro, Iced Tea, Iced Coffee, Bubble Tea

TIBETAN 9 ^{FF}

Sha-MoMo (beef dumpling), *Tse MoMo* (vegetable dumpling), *Cho Cho* (Tibetan

Chicken Lomein), *Shogok* (spiced potato), *Bojha* (Tibetan butter tea), *Jha Ngamo* (spiced milk tea), Green Tea, Lemonade, Cold Sweet Tea

TURKISH 14 ^{FF}

Baklava, *Börek* (spinach & feta cheese pie), *Köfte* (meatballs), *Piyaz* (bean salad), *Kısır* (bulgar wheat salad), *Lahmacun* (eggplant salad), Hummus Platter, *Lokum* (Turkish Delight), *Kahve* (Turkish coffee), *Cay* (Turkish tea) *Limonata* (lemonade)

UKRAINIAN 26 ^{FF}

Varenyky (potato filled dumplings), *Kovbasa* (sausage served with bread and pickle), *Zefir* (Dipped chocolate marshmallow)

VIETNAMESE 19 ^{FF}

Sesame Chicken, Egg Rolls, *Chicken Dumpling* (pot sticker), Spring Rolls, Lemon Grass Chicken, Cream Cheese Wonton, Spicy Chicken Noodle Salad, Egg Roll Noodle Salad, *Bánh Mì* (Vietnamese style sandwiches), Vietnamese Coffee

BEER & WINE OF THE WORLD 38

Enjoy the experience of International Beers and Wines

Friday, 4:30 - 10:00

Saturday, Noon - 9:00

Sunday, Noon - 5:00

FESTIVAL OF NATIONS

2019

For 87 years, the Festival of Nations has inspired people throughout the region to discover more about our world and embrace the rich cultural diversity brought to us by immigrants from around the globe. In 2019, the Festival will continue its legacy as the longest running multicultural festival in the Midwest and, once again, collaborate with more than 100

ethnic groups to create a truly unique experience - one that celebrates cultural heritage and provides our community's immigrants with a platform to express their stories through world-class performances, exhibits, ethnic cuisine, and personal connections.

FESTIVAL OF NATIONS OPERATIONS COMMITTEE

Aisling Reynolds, *Festival Manager*
Anne DeBeau-Melting, *Exhibits*
Linda DeBeau-Melting, *Demonstrations*
Faith Loggers-Jamnik, *Volunteer Coordinator*
MaryEllen Moore, *Café Committee*
Maria Sidorenko, *Education Coordinator*
Courtney & Mike Silvan, *Bazaar*
Natasha Singer, *Festival Coordinator*
Colleen Stelmach, *World Stage*
TJ Wiatros, *Cafes*



The Festival of Nations is presented by the International Institute of Minnesota: an organization committed to helping immigrants and refugees achieve full membership in American life. For 100 years, the Institute has helped New Americans successfully transition to life in Minnesota. Through employment services, refugee services, immigration assistance and English-

language education, the Institute empowers New Americans to thrive.

Learn more at impact.iimn.org

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DEMONSTRATIONS

African Warrior Bow
Armenians Silk Road
Chinese Calligraphy
Columbian Tapestries
Ecuadorian Loom
German Porcelain
Ghanaian Hairbraiding
Hmong Needlework
Indian Mural Art

Indian Traditional Painting
International Lace
Japanese Kimono
Khmer Art
Mexican Textiles
Norwegian Hardanger
Ojibwe Beadwork
Ojibwe Silversmith
Polish Folk Art

Scandinavian Vikings
Senegalese Pottery
Swiss Woodcarving
Ukrainian Eggs
Vietnamese Ceremony
Khmer Martial Arts
Mongolian Yurt
Bocce Ball
Indian Henna

CULTURAL EXHIBITS

Afghani
Albanian
Bangladeshi
Bulgarian
Cambodian
Carpatho-Rusyn
Chinese
Colombian
Croatian
Czech & Slovak
Dutch
Egyptian
Finnish
French
Greek

Guatemalan
Hmong
Hungarian
Indian
Italian
Jamaican
Korean
Latvian
Lithuanian
Nepalese
Pakistani
Palestinian
Peruvian
Polish
Romanian

Russian
Slovenian
Sri Lankan
Sudanese
Taiwanese
Tamil
Thai
Tibetan
Turkish
Vietnamese

BAZAARS

African American
Angolan
Bolivian
Bulgarian
Burkinabe
Cambodian
Chilean
Chinese
Chippewa
Colombian
Ecuadorian
Egyptian
Filipino
Finnish
French

German
Ghanaian
Greek
Hmong
Indian
Iranian
Japanese
Kenyan
Lakota
Malgache
Mexican
Moroccan
Mozambican
Nepalese
Pakistani

Peruvian
Polish
Rwandan
Russian
Scottish
Seychellois
Sri Lankan
Taiwanese
Tanzanian
Thai
Tibetan
Togolese
Turkish
Venezuelan
Vietnamese

Explore
without
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THANKS TO OUR SPONORS



LAND O'LAKES, INC.



INTERNATIONAL INSTITUTE OF MINNESOTA

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festivalofnations.com